

# Bridal BEAUTY SCHOOL

Getting the right look on your wedding day is tough because, let's face it, being a bride is no cakewalk. The bigger the wedding, the greater the scrutiny as you walk down the aisle. How can you look your best on the big day without melting under the pressure? Start with these beauty tips from Sara Schlieff-Ross of Archbeauty, and Emily Challoner of Fine Line Hair Design, two top Newport salons.

pump up your eyes, lips & foundation

## MAKEUP

- **WEAR FOUNDATION AND CONCEALER.** Your usual look may be au naturel, but a good foundation and concealer can hide imperfections and contour your face. The “no-makeup look” may actually make you look tired in photos.
- **GO DARK.** Schlieff-Ross recommends pumping up your eyes, lips, and even your foundation, a shade darker than you normally wear. “It will show up much better in photos,” she says.
- **LOVE YOUR SKIN – BUT KICK ITS BUTT.** All brides want their skin to look fresh and dewy on the big day, but Schlieff-Ross says you can't achieve that with just makeup. She recommends “skin boot camp” at Archbeauty, a regimen that whips epidermis into shape and includes peels, facial treatments, moisturizers and exfoliants.
- **WAX OFF.** Do not wax anything the week of your wedding. Wax can cause breakouts on your eyebrows and upper lip, says Schlieff-Ross. “Do it two weeks out and then come back three days before and let us tweeze what has grown in.”
- **BE TRUE TO YOURSELF.** Don't succumb to outside influences, warns Schlieff-Ross – especially from the people you bring to the salon as your “support team.” “For a bride's second consultation, we have the brides come alone. That's when we really find out what they want.”



## HAIR

- **PLAN AHEAD.** Don't have your trial run too far in advance and then settle on the style, notes Challoner. “Things like the weather, and the bride's haircut, may change between the time of the trial and the day.”
- **ALLOT EXTRA TIME.** Give yourself more time to get ready on the day than you think you need. “You don't want to run out of time and feel like you don't look your best,” says Challoner.
- **DE-CONDITION.** Don't use excessive amounts of conditioner before styling. “Conditioner makes hair soft and silky, and the style may fall out.”
- **PERSONALIZE IT.** When you bring a photo of the look you want, consider that the style may not work on your hair, notes Challoner. “You want to recognize yourself in photos and not feel like you looked awkward.”